

ADULT 2025 SUMMER ACTIVITIES PROGRAM

June 16—August 31



Name _____

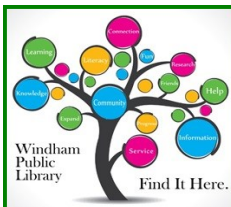
Contact (phone or e-mail) _____

Turn in your completed sheet to the Help Desk by Friday, August 29th for a chance to win a gift certificate.

Attend 5 of the 9 events (I will take attendance) for a chance to win a randomly selected gift certificate from one of these businesses (Ice Cream Dugout, Pat's Pizza, or Sherman's Bookstore).

SRP 2025 Theme: "Level Up" (improve skills/knowledge) at Your Library
(Program details about these activities are on the back of this page).

1. Andy Young "Essay Writing Workshop"—June 18th, 6-7PM
2. Maureen Milliken "Mystery Writing Workshop"—June 25th, 6-7PM
3. Wendy Mickle "Enhancing Your Soil's Potential"—July 2nd, 6-7PM
4. David Bruggink "Comic Workshop"—July 9th, 6-7PM
5. Claire Schreiber "Yogurt Making"—July 16th, 5-7PM
6. Mike Birmingham "Tree Identification"—July 30th, 6-7PM
7. Rachel Boutin "Healthy Hearts, Happy Lives"—Aug. 1st, 10-11AM
8. Brenna Crothers "Protecting Nature, Enriching Communities"—Aug. 6th, 6-7PM
9. Choose to watch **one** of the movies (list attached) shown during the Adult Summer Activities Program. **(Ask Sally to let me know you attended a movie).**



Windham Public Library



217 Windham Center Road
Windham ME 04062
892-1908
www.windham.lib.me.us

Questions? Contact Ray
rmarcotte@windhammaine.us
207-892-1908 ext. 5

CHOICE = both in-person in library Meeting Room & via Zoom

1. Andy Young “Essay Writing Workshop”—June 18th, 6-7PM

Join Andy Young for an essay writing workshop. Andy has been an English Teacher at Kennebunk High School for the past 23 years and has written essays that have been published in nearly a dozen different newspapers in New England. Are you a budding writer who would like to glean a few tips from a seasoned essayist? Well, this workshop is for you!

2. Maureen Milliken “Mystery Writing Workshop”—June 25th, 6-7PM

Maureen will discuss the steps it takes to write a mystery (or any) novel: Knowing the basics, inspiration, structure, writing process, whether to hire an editor, and what to do with the manuscript once you’ve finished. She’ll include handouts with examples and resources that will help writers solve the mystery of how to get that book written.

3. Wendy Mickle “Enhancing Your Soil’s Potential”—July 2nd, 6-7PM

Join us to explore the amazing interconnectedness of life in your soil. Learn how microorganisms work together to create rich, fertile soil that reduces and eliminates the need for fertilizers and pesticides. I will share simple, practical ways to harness this natural power to grow more abundant gardens regardless of your starting soil type or what you want to grow. **Choice of attending in-person or over Zoom, contact Ray for the link.** Call or email Ray at the Help Desk at 207-892-1908 ext. 5 or rmarcotte@windhammaine.us. **(CHOICE)**

4. David Bruggink “Comic Workshop”—July 9th, 6-7PM

Love to read comics but feel daunted by making your own? This is the perfect opportunity to get comfortable with the comic format. We'll explore making three-panel comics that humorously reinterpret literary works in the style of Lisa Brown or Kate Beaton. By the end of this session, each student will have created their own three-panel comic. The library will provide pens, colored pencils, crayons, and drawing supplies. **For ages 10 and up.**

5. Claire Schreiber “Yogurt Making”—July 16th, 5-7PM

Unlock the secrets of delicious, homemade yogurt guided by Cooperative Extension Master Food Preserver Claire Schreiber. Yogurt is a great introduction into the world of fermentation! Learn about the fermentation process and how to make your own dairy yogurt from scratch. This session will cover all the essential steps from finding your milk to storing your yogurt, ensuring you can go home and create your own homemade fermented delight.

6. Mike Birmingham “Tree Identification”—July 30th, 6-7PM

Are you tired of seeing the forest and missing the trees? Come to the library for an introduction to tree identification with a Maine Master Naturalist and get into the details. **For interested people of all ages**, this class will cover the basic skills needed to identify our local trees and use both the library’s holdings and digital tools to expand your knowledge. The learning will be hands-on and outside, so dress accordingly.

7. Rachel Boutin “Healthy Hearts, Happy Lives”—Aug. 1st, 10-11AM

Rachel Boutin, a *Board-Certified Specialist in Geriatric Physical Therapy* at Northern Light Health, will teach you how to maintain a healthy heart through stress management, diet, lifestyle, and exercise. **Choice of attending in-person or over Zoom, contact Ray for the link.** Call or email Ray at the Help Desk at 207-892-1908 ext. 5 or rmarcotte@windhammaine.us. **(CHOICE)**

8. Brenna Crothers “Protecting Nature, Enriching Communities”—Aug. 6th, 6-7PM

This presentation will highlight the work of the Presumpscot Regional Land Trust (PRLT), a nonprofit land trust dedicated to land conservation and community enrichment in the towns of Gorham, Windham, Westbrook, Standish and Gray. The Trust manages 20 free public preserves open to the public, providing opportunities for hiking, mountain biking, trail running, birdwatching, and outdoor recreation year-round. **Choice of attending in-person or over Zoom, contact Ray for the link.** Call or email Ray at the Help Desk at 207-892-1908 ext. 5 or rmarcotte@windhammaine.us. **(CHOICE)**

9. Choose to watch one of the movies (list attached) shown during the Adult Summer Activities Program.

(Transportation may be available from Age Friendly Windham. Call 207-892-4649 FMI).



Movie Time!

Every Thursday. Always free!



Windham Public Library

Find It Here.

Part of the **2025 Summer Reading Program :**

Windham Public Library

217 Windham Center Road

Windham ME 04062

207-892-1908

www.windham.lib.me.us

Our movie characters will show



*Subtitles displayed
whenever possible.*

*See reverse side for more info
about movie selections*



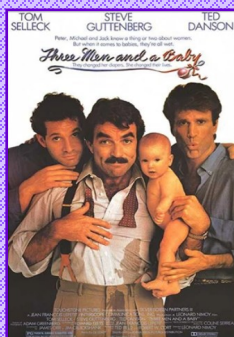
June 5



June 12



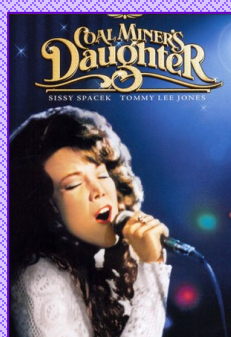
June 26



July 3



July 10



July 24



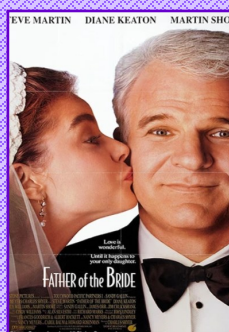
July 31



August 7



August 14



August 21

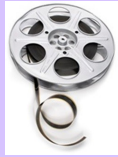


August 28

MOVIE LICENSING USA®



Transportation may be available from **Age Friendly Windham**. Call **207-892-4649** for more info.



Movie Time!

Every Thursday. Always free!



Windham Public Library

Find It Here.

June 5 Movie Time: "Good" (1:00-2:20pm) Payton becomes the caretaker of Gregory Devereaux, a wealthy man facing his final months. As they become close, Gregory's past sins force Payton to decide between his dreams and a pregnancy that could squander them all. (2020, no rating, 80 min.) Stars Keith David, Justin Etheredge.

June 12 Movie Time: "Under the Tuscan Sun" (1:00-2:50pm) A bitter, divorced writer finds solace and romance after she impulsively buys and renovates a villa in Tuscany. Screenplay adapted from the memoir by Frances Mayes. (2003, PG-13, 112 min.) Stars Diane Lane, Raoul Bova.

June 26 Movie Time: "The Pursuit of Happyness" (1:00-3:00pm) Fact-based story of a struggling salesman who becomes an unpaid intern with a prestigious brokerage firm after he and his young son are evicted from their San Francisco apartment. (2006, PG-13, 117 min.) Stars Will Smith, Jaden Smith.

July 3 Movie Time: "Three Men and a Baby" (1:00-3:00pm) When three handsome Manhattan bachelors find a baby on their doorstep, their swinging lifestyle undergoes some major changes. (1987, PG, 120 min.) Stars Tom Selleck, Ted Danson, Steve Guttenberg.

July 10 Movie Time: "It Ends With Us" (1:00-3:10pm) Lily Bloom is a woman who overcomes a traumatic childhood to embark on a new life in Boston. A chance meeting with charming neurosurgeon Ryle Kincaid sparks an intense connection, but as the two fall deeply in love, Lily begins to see sides of Ryle that cause concerns. (2024, PG-13, 130 min.) Stars Blake Lively, Brandon Sklenar, Justin Baldoni.

July 24 Movie Time: "Coal Miner's Daughter" (1:00-3:00pm) The story of Loretta Lynn, who rose from the poverty-stricken Appalachian area to become one of the biggest country singers of all time. Sissy Spacek did all her own singing in her portrayal of the legend. (1980, PG, 125 min.) Stars Sissy Spacek, Tommy Lee Jones.

July 31 Movie Time: "Young @ Heart" (1:00-2:50pm) Stephen Walker's acclaimed documentary follows a geriatric choral group from a Massachusetts rest home as they prepare for a concert. Their unconventional repertoire includes songs by Sonic Youth, Coldplay and the Clash. (2008, PG, 107 min.)

August 7 Special Interactive Movie Time: "The Incredibles" (1:00-3:00pm) All ages are invited to don their superhero costumes and join our weekly Movie Time group in a special, interactive showing of "The Incredibles!" Movie summary: Mr Incredible and Elastigirl had been among the world's greatest crime fighters until they were forced to retreat to the suburbs to live normal lives with their three kids. Fifteen years later, itching to get back into action, Mr Incredible gets his chance when a mysterious communication summons him for a top secret assignment. (2004, PG, 115 min.) Stars the voices of Craig T. Nelson, Holly Hunter, Samuel L. Jackson.

August 14 Movie Time: "The Lost King" (1:00-2:50pm) In this inspiring true story, amateur historian Philippa Langley believes she has made the archeological find of the century: the lost burial site of King Richard III. (2022, PG-13, 108 min.) Stars Sally Hawkins, Steve Coogan.

August 21 Movie Time: "Father of the Bride" (1:00-2:40pm) A frazzled shoe executive tries to cope with the financial and emotional costs of his only daughter's impending marriage while also dealing with an eccentric wedding coordinator. (1991, PG, 100 min.) Stars Steve Martin, Diane Keaton, Martin Short.

August 28 Movie Time: "The Rainmaker" (1:00-3:00pm) A rural con man brings sunshine into the life of an unhappy woman. (1956, no rating, 120 min.) Stars Katherine Hepburn, Burt Lancaster.